



Diocese of Owensboro COVID Procedures Summary 8-21-23

The Diocese of Owensboro (DOO) protocol has been updated to reflect the endemic nature of the COVID-19 virus:

Terminology:

- **"Fever-Free:"** 24 hours fever-free without fever-reducing medication, such as Ibuprofen or Tylenol
- **Asymptomatic:** Not exhibiting any symptoms of illness
- **Symptomatic:** Exhibiting symptoms of illness
- As indicated per individual situation, you may be asked to have a COVID test or be asked to stay home
- **KHSAA:** visit: <https://khsaa.org/special-programs/covid-19-information/>

COVID Symptoms-Stay home and get tested if any of the following: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, sneezing, congestion or runny nose, nausea or vomiting, diarrhea

#1 Student or Employee has TESTED POSITIVE

- Notify the School
- CDC recommends a 5-day quarantine

If Symptomatic

- Optional DOO Protocol: The student/employee may return earlier than 5 days if 24 hours fever-free without fever reducing medication & symptoms are "resolving" (i.e., cough &/or sneeze are minimal and nasal & oral secretions well contained)
- Recommend wearing a mask thru Day #10 from symptom onset

If Asymptomatic

- Optional DOO Protocol: May continue to come to school/work & CDC advised wear a secure fitting mask thru Day #5 from positive test received
- Recommend wearing a mask thru Day #10 from symptom onset

#2 Student or Employee is a "Close Contact"

If Asymptomatic

- May continue to come to school/work
- Recommend wearing a mask for 5 days
- Monitor for symptoms for 10 days
- Stay home & get tested if symptoms develop

If Symptomatic

- Stay home & get tested.
- If this COVID test is NEGATIVE, may return to school when 24 hours fever-free & symptoms are "resolving" (i.e., cough minimal and nasal & oral secretions well contained)
- If this COVID test is POSITIVE: Follow instructions in #1 above