



PRAYER INTENTION CARD



Gracious and loving God, in this moment of prayer,
I humbly come before You.

I surrender all my pain, worries, and burdens,
placing them at the feet of Your divine presence.

You are the source of comfort and strength,
and I trust in Your infinite wisdom
and boundless love.

Heal my wounded spirit
and grant me the peace that surpasses
all understanding.

Help me release my fears and anxieties,
knowing that You are my refuge and fortress.

Renew my faith, O Lord,
and remind me that You hold
my life in Your hands.

Thank You for the assurance that I am never alone.
Amen.

Would you like for us to pray for your intentions?

Prayer requests are placed at the foot of the altar in the McRaith Catholic Center chapel. In addition to using them as Mass intentions, our staff periodically goes to the chapel to pray for our Catholic communities. Please feel free to list your prayer requests or offer up your prayers of thanksgiving on this card.

Please pray for the Church of western Kentucky. Pray for our bishop, priests, deacons, religious, lay leadership teams, diocesan staff and for all the vocations that will follow our work. Pray for the guidance and acceptance of the Holy Spirit on our decisions and actions.

St. Thomas Aquinas outlined a strong prayer structure:

- Pray for the things necessary for our salvation, and for our relationship with Jesus Christ.
- Pray for ourselves as well as others.
- Pray intentionally and meaningfully. Try to feel Christ's presence in the room with you.
- Persevere in prayer. Do not let a day go by that we do not dedicate time to our prayer life.