

Circle of Grace Overview © Archdiocese of Omaha

Goal:

The goal of the Circle of Grace program is to educate & empower children and young people to actively participate in a safe environment for themselves & others.

Objectives:

1. Children/Young People will understand they are created by God and live in the love of the Father, Son and the Holy Spirit.
2. Children/Young People will be able to describe the Circle of Grace which God gives each of us.
3. Children/Young People will be able to identify and maintain appropriate physical, emotional, spiritual, and sexual boundaries.
4. Children/Young People can identify all types of boundary violations.
5. Children/Young People will demonstrate how to take action if any boundary is threatened or violated.

*C is for Comprehensive (Objectives are taught in great detail), F is for Focus (Objectives are summarized & applied to an issue) & P is for parent take home or letter

Grade Level	# of lessons	Concepts covered	Exercises/ Activities	Objectives # met	Notes				
Kindergarten -C, P	3	What is the Circle of Grace? Touch, Secrets, Safety Plan	The COG card game; The Stoplight scenarios Feelings	1, 2	K-2 lessons are very similar with varied age appropriate activities. Developmentally it is important to have repetition of concepts. Parent				
						Grade 1-C,P	3	3,4,5	Practice asking for help
							Grade 2-C,P	3	1,2,3,4,5
Grade 3-C,P	3	Boundaries, limits to the Action Plan	Gift box, Scenarios	1,2,3,4,5	New internet words introduced				
Grade 4-F,P	1	Internet safety	Telephone game, word match	1,2,3,4,5					
Grade 5-F,P	1	Understanding the influence of the media	Media Influence	1,2,3,4,5	Teaches discernment of media				
Grade 6-C,P	4	Safe relationships, Safety PLAAAN	Puzzle, scenarios	1,2,3,4,5	Relationships are sacred, PLAAAN, retreat format				
Grade 7-F,P	1	Saying "No" to disrespect	Crossword	1,2,3,4,5	Bullying, PLAAAN				
Grade 8-F,P	1	How to be morally responsible in today's culture	Ten commandment activity	1,2,3,4,5	Activity has them visually compare their faith vs. culture				
Grade 9-C,P	4	Saints, Mary & Joseph, Boundaries, Plan	Many activities	1,2,3,4,5	Can be used in a retreat format				
Grade 10-F,P	1	Recognizing and responding to boundary violations	Discussions	1,2,3,4,5	Circle of Virtue introduced				
Grade 11-F,P	1	Boundaries and emotional grooming	Scenarios	1,2,3,4,5	Identifying grooming behaviors				
Grade 12-F,P	1	Circle of Grace~Circle of Virtue Love and Theology of the Body	How Healthy are your Relationships	1,2,3,4,5	Theology of the Body Principals				