

# Rachel's Vineyard

## **PTSD - Post Traumatic Stress Disorder**

We are familiar with PTSD. We may have friends and family members that have gone through traumatic events during their service in the military or being involved in a car accident; we may suffer with the symptoms of PTSD ourselves such as:

- Feelings of hopelessness, shame, or despair
- Depression or anxiety
- Alcohol or drug addiction
- Physical symptoms or chronic pain

## **PTSD and the Abortion Experience**

Yet, there is that one family member, that one friend, or maybe even ourselves, who suffer in silence and shame due to our abortion experience. There is a place we can go - **Rachel's Vineyard**.

## **Rachel's Vineyard - A Safe Haven**

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing.

## **Come Join Us For a Weekend of Emotional Healing and Spiritual Renewal.**

**November 9th - 11th, 2018. Owensboro**

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***ALL conversations are held in strict confidence.***

<http://hopeafterabortionky.com/>